



	Answer: 0 = never, 1 = almost never, 2 = sometimes, 3 = almost always, 4 = always	never	almost never	sometimes	almost always	always
F8	I tend to avoid groups of people because of my voice.	0	1	2	3	4
E9	People seem irritated with my voice.	0	1	2	3	4
P10	People ask, "What's wrong with your voice?"	0	1	2	3	4
F11	I speak with friends, neighbors, or relatives less often because of my voice.	0	1	2	3	4
F12	People ask me to repeat myself when speaking face-to-face.	0	1	2	3	4
P13	My voice sounds creaky and dry.	0	1	2	3	4
P14	I feel as though I have to strain to produce voice.	0	1	2	3	4
E15	I find other people don't understand my voice problem.	0	1	2	3	4
F16	My voice difficulties restrict my personal and social life.	0	1	2	3	4
P17	The clarity of my voice is unpredictable.	0	1	2	3	4
P18	I try to change my voice to sound different.	0	1	2	3	4
F19	I feel left out of conversations because of my voice.	0	1	2	3	4
P20	I use a great deal of effort to speak.	0	1	2	3	4
P21	My voice is worse in the evening.	0	1	2	3	4
F22	My voice problem causes me to lose income.	0	1	2	3	4
E23	My voice problem upsets me.	0	1	2	3	4
E24	I am less outgoing because of my voice problem.	0	1	2	3	4
E25	My voice makes me feel handicapped.	0	1	2	3	4
P26	My voice "gives out" on me in the middle of speaking.	0	1	2	3	4
E27	I feel annoyed when people ask me to repeat.	0	1	2	3	4
E28	I feel embarrassed when people ask me to repeat.	0	1	2	3	4
E29	My voice makes me feel incompetent.	0	1	2	3	4
E30	I'm ashamed of my voice problem.	0	1	2	3	4

	0 = normal, 1 = slightly disturbed, 2 = medium disturbed, 3 = heavily disturbed					
	How do you rate your voice <i>today</i> ?	0	1	2	3	