

MEDICAL VOICE CENTER

VOICE DEEPENING/ VOICE MASCULINIZATION

PROF. HESS AND PARTNER

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Voice deepening - when the voice sounds too high

The way you sound is inextricably linked to your personal image. Many people do not like the pitch of their own voice and want nothing more than to get a deeper voice.

Voice deepening (masculinization of the voice) is a life-changing surgical procedure that can help men and women who desire a deeper or more masculine voice pitch.

The surgery can be performed on anyone who feels that their voice pitch is too high or who wants a more masculine or dark voice.

The pitch of the voice

The difference in pitch between men and women is determined by the vocal folds, which are longer and thicker in men than in women. Just like instruments, the lower notes come from the thicker and longer strings. During puberty, the voice changes, but sometimes this development results in permanently extremely high or too low pitches with which the affected adults cannot identify.

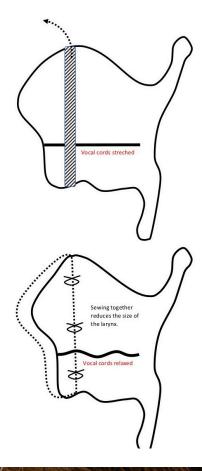
In some cases, a high-pitched voice in males can also be caused by disorders such as mutational falsetto or organic factors (short, stretched, thin, atrophic vocal cords).

OUR THERAPY.

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The surgical method thyroplasty type 3

There are several surgical techniques to lower the pitch of the voice. At MEDICAL VOICE CENTER, we use a modified version of type 3 thyroplasty. In type 3 thyroplasty, the thyroid cartilage is reduced in size. More specifically, a part of the thyroid cartilage is reconstructed on one or two sides so that the length is shortened from front to back. The shortening of the thyroid cartilage leads to a slackening of the vocal folds, which secondarily leads to a deeper voice.



THE OPERATION IS PERFORMED ON AN **OUTPATIENT BASIS.**

Voice deepening surgery is performed on an outpatient basis under general anesthesia, but can also be performed under local anesthesia to allow the patient's voice to be heard during surgery. In both cases, the patient is discharged on the same day.

Thyroplasty type 3 is the most common surgical method for a permanent deepening of the voice. Experience has shown that the desired effect usually occurs several days to weeks after surgery. The reason for this is the temporary tissue reaction with local swelling that occurs in the days following the operation. In this respect, the voice audible immediately after the operation does not yet correspond to the final voice. In any case, we will extensively talk with you about all pros and cons.

Side effects immediately after surgery

Typical postoperative side effects include a hoarse voice, unusual vocal sounds or breathing noises, coughing, throat clearing, mild sore throat, skin swelling and bruising, and difficulty breathing and swallowing. Depending on your symptoms, you might want to cool the area and take over-thecounter pain relievers if needed.



IN THE VERY BEST HANDS

The MEDICAL VOICE CENTER is a center of excellence where voice-deepening procedures are successfully performed on patients from all over the world. Prof. Markus Hess is a specialist in otolaryngology and phoniatrics. He received his training in Harvard, USA, among other places. Prof. Hess has been performing operations on the larynx and vocal cords for 30 years. In the field of voice-surgery, Prof. Hess is one of the world's most experienced surgeons.

With approximately 1,000 phonosurgical operations and procedures per year, you will find the professional treatment you desire for your sensitive vocal organ at the MEDICAL VOICE CENTER.



VOICE CENTER

»VOICE IS INDIVIDUALITY, AS UNIQUE AS A FINGFRPRINT.«

WE ARE LOOKING FORWARD TO SEEING YOU

Opening Hours:

Monday to Friday 8 am to 5 pm Special consultation hours by arrangement

HOW TO FIND US.

MEDICAL VOICE CENTER

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